

Symptoms of an Abortion - Men

Below is a list of symptoms that men may experience after an abortion

SYMPTOMS

- Excessive anger
- Anxiety
- Panic attacks
- Mood swings
- Low self-esteem
- Feelings of helplessness
- Feelings of powerlessness
- Worrying
- Sadness
- Depression
- Confusion
- Guilt
- Shame
- Fear of failures in work, school, sports, competitions, as father, as husband, as friend, sexual function
- Numbness
- Sense of worthlessness
- Sense of damaged manliness
- Objectifying women

BEHAVIORS

- Suicidal thoughts
- Attention Deficit
- Promiscuity / Affairs
- Impotence
- Lack of trust
- Insomnia
- Nightmares
- Isolation
- Avoidance
- Risk-taking
- Substance / Alcohol abuse
- Addiction
- Violence
- Lack of intimacy
- Pornography
- Irresponsibility
- Drive to succeed
- work-aholism
- Lack of direction & goals
- Unable to bond with living children
- Defensiveness on topic of abortion

